

GLOBAL CHAPTERS NETWORK

Learn more about our Global Chapters Network [here](#)

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WHAT IS THE GLOBAL CHAPTERS NETWORK?

The Global Chapters Network is Speak Now's Chapters program, **where young people can lead community/school hubs that empower other young leaders to spearhead mental health education and grassroots advocacy.** Through peer-driven policy reform, sustainable campus support systems, and educational initiatives, Speak Now Chapters can co-create their local community's mental health care infrastructures to accurately and effectively serve the needs of young people.

WHAT CAN YOU DO AT A SPEAK NOW CHAPTER?

With our team's specialized resources and mentorship from other youth advocates who successfully passed Illinois mental health legislation, health professionals, and clinicians from 13+ countries around the world, you can research mental health support disparities and create solutions, such as:

ADVOCATING

for local policy change and lead advocacy campaigns

DRAFTING

mental health legislation

LEADING

educational, research-backed presentations and workshops

ORGANIZING

kindness, peer support, and community service initiatives

HOSTING

engaging community events

SPEAK NOW



WHAT CAN YOU GAIN AS A CHAPTER LEAD?

- **Meaningful leadership experience**
 - Through leading a team of passionate youth advocates and community initiatives
- **Certified volunteer hours**
- **International merit and recognition**
- **Worldwide networking opportunities and connections**
 - With other mental health advocates, professionals, leaders & researchers
- **Letters of recommendation**
 - If you go above and beyond as a leader!
- **Access to Speak Now's resources**
 - As well as programming, premium mentorship opportunities, and virtual engagements



WHY SHOULD YOU START A CHAPTER?

- because suicide is still the **2nd leading cause of death** among people ages **10–24**
- because 61% of diagnosed teens **struggled to obtain necessary mental health treatment**
- because 73% of suicides are from **low- and middle- income countries**
- because everyone deserves to live a life where they **don't have to struggle in silence**
- because you can **save a life from being taken by mental illness**
- because you can share your story to **make others feel heard**





CONDITIONS

- Open to middle schools, high schools, undergraduate institutions, and communities
- Chapter lead must be between 12 to 35 years old
- Must start a chapter with at least one other member besides yourself
- Can start a chapter either based in your community or your school
 - If you're already in a preexisting mental health/related school club (such as neuroscience or psychology), you are still welcome to join and start a chapter with us! We won't override your club's existing infrastructure
- Unless you are above the age of 18, every chapter must have a teacher/adult advisor above the age of 18

START A CHAPTER TODAY

Plant your seed today to a world where young people don't fight their battles alone.



Scan here to apply!
<https://tinyurl.com/speaknowchapter>





HAVE ANY QUESTIONS?

Contact us at
info@togetherwespeaknow.org

